

Support for Parents & Caregivers



Active Parenting: First Five Years

This program is for parents and caregivers with children from birth to five years old. Participants will learn:

- Ages and stages of development: Understand what is happening at every milestone and what to expect as your child develops.
- Brain development: Learn how to support your child's growing brain.
- Tools to address behavioral challenges: Manage tantrums and meltdowns with confidence.
- Preparation for school success: Build foundational skills early.
- Encouraging positive behavior: Foster cooperation and kindness.

Active Parenting: Five Through Twelve

For those with children aged five to twelve, this program dives into:

- Brain development in older children: Recognize how thinking evolves.
- Improved discipline and communication: Learn effective techniques to support positive behavior.
- Redirecting misbehavior: Focus on solutions, not punishment.
- Building courage and self-esteem: Help your child feel confident.
- School success: Support their academic and social growth.

Talking is Teaching

These monthly events encourage parents and caregivers to engage their children in talking, reading, and singing from birth onward. Talking is Teaching is hosted at Early Learning Works and is a fun, simple way to bond with your child and boost their language skills. Each event includes:

- Information on a child development topic
- A helpful handout for continued learning
- Interactive reading activities
- A book for every family to take home
- Complimentary dinner

Family, Friends and Neighbors

Family, Friends, and Neighbors (FFN) is a program designed to support individuals who regularly care for children who are not their own. Whether you're a grandparent, aunt, uncle, or a trusted family friend, FFN provides valuable resources to help you create a safe, nurturing, and enriching environment for the children in your care.

Through a series of educational sessions, participants gain essential knowledge on key topics such as:

- Encouraging positive behaviors and effective discipline strategies
- Promoting healthy nutrition habits
- Ensuring safe sleep practices
- CPR & First Aid skills

By equipping caregivers with practical tools and guidance, FFN helps enhance the quality of care children receive, fostering their well-being and development in a supportive, family-centered setting.